

Tarrant County Resources

Health & Wellness

Tarrant County Public Health
(817) 321-4700
health.tarrantcounty.com

Tarrant County WIC
Supplemental food program for pregnant and postpartum women, infants, and children up to age 5
(817) 321-5400

Tarrant County WIC Breastfeeding Warm Line
Provides breastfeeding support
M-F 9-6
(817) 321-5416

Tarrant County Public Health Immunizations
Provides child and adult Immunizations
M-F 8-12, 1-5

Call 817-248-6299 to schedule an appointment

SE Public Health Center
536 W Randol Mill
Arlington, TX 76011

Charles F. Griffin Building
3212 Miller Ave.
Fort Worth, TX 76119

Dr. Marion J Brooks Public Health Building
1101 S Main St
Fort Worth, TX 76104

NW Public Health Center
3800 Adam Grubb, Suite 400
Lake Worth, TX 76135

SW Public Health Center
6551 Granbury Rd.
Fort Worth, TX 76133

Watauga Public Health Center
6601 Watauga Rd.
Watauga, TX 76148

To apply for Medicaid, CHIP, Healthy TX Women, or SNAP -
visit <https://yourtexasbenefits.com>

Public Health Adult Health Services
Provides services related to sexually transmitted diseases in Fort Worth and Arlington
(817) 321-4800

Live Tobacco Free
Free 4 wk. smoking cessation program
Contact:
smokefree@tarrantcounty.com

HealthforMe Self-Management
Free chronic disease self-management class
(817) 321-4700
Contact:
selfmanager@tarrantcounty.com

Nurse-Family Partnership
Provides education and support to first time moms through home visits starting in pregnancy
(817) 413-6320

UNTHSC Healthy Start
Provides home visitation services for women & families
(817) 735-2553
Contact: healthy.start@unthsc.edu

MHMR Tarrant County
Offers help for children and adults with behavioral health needs and other serious emotional concerns
1-800-866-2465
www.mhmrarrant.org

Early Childhood Intervention
Serves children up to 3 yrs. who have developmental delays & disabilities
1-888-754-0524
www.mhmrarrant.org/eci

Tarrant County Community Health Access Line
Provides assistance with obtaining insurance and other social services including housing, financial assistance, food, etc.
(817) 321-4729

North Texas Area Community Health Centers
Provides discounted medical services for children and adults Northside, Southeast, Arlington
(817) 625-4254
www.ntachc.org

JPS Family Health Center
Provides primary health care services for adults and children
(817) 702-1215

Mom & Baby Program
Provides services for pregnant or postpartum women with a substance use disorder
(817) 702-7322

Postpartum Support Warmline
Provides non-emergent support for postpartum depression
1-800-944-4773
www.postpartum.net

Dental

Catholic Charities Dental Clinic
Provides low cost dental care in Fort Worth
(817) 600-1461

JPS Dental Clinics
Provides basic and urgent dental care services in clinics around Tarrant County
(817) 702-3567

Dental Health Arlington
Provides low cost dental services
(817) 277-1165
www.dhaclinic.org

Mission Arlington Dental Clinic
Provides free dental services to eligible families
Scheduling for new clients:
Call 1st Mon of month at 8:30 AM
(817) 860-4474

To apply for health insurance through the Affordable Care Act Marketplace—visit www.healthcare.gov



Tarrant County Public Health

Accountability. Quality. Innovation.



A healthier community through leadership in health strategy





Tarrant County Resources

Housing & Shelter

Catholic Charities

Provides financial assistance for housing expenses or utilities
(817) 534-0814
www.catholiccharitiesfortworth.org

Tarrant County Housing Assistance

Provides vouchers to help eligible families pay for housing
(817) 531-7640

Center for Transforming Lives

Provides childcare and housing for families experiencing homelessness
(817) 332-6191
www.transforminglives.org

Transportation

Catholic Charities of Fort Worth Transportation

Provides low-cost transportation for education, employment, and medical visits
(817) 336-8714

Mission Arlington

Provides transportation for education and employment
(817) 704-6147
www.missionarlington.org

Texas Medicaid Medical Transportation

Provides rides to Medicaid health and dental visits
1-855-687-3255
www.txmedicaidride.net

Employment

Workforce Solutions

Provides career training and job search resources
(817) 413-4000
www.workforcesolutions.net

Employment Solutions

Provides job search and skill training for men & women
(817) 927-4050
www.womenscentertc.org

Food Assistance

Infant Formula Program

Provides emergency formula and baby food for infants
M, W-TH, 10 AM-1 PM
801 W 1st St
Fort Worth, TX 76102
(817) 335-6080

Local Food Pantries

www.tafb.org/find-food

SNAP (Food Stamps)

Supplemental Nutrition Assistance Program
www.yourtexasbenefits.com

Tarrant Area Food Bank

Provides help with SNAP, TANF, and Medicaid applications
1-866-430-6143
www.tafb.org/snap

Child Care/Parenting

Child Care Associates

Head Start Program
Provides free, quality care for children ages 0-5
(817) 838-0055
www.childcareassociates.org

Child Care Management Services (CCMS)

Helps parents pay for child care
(817) 831-0374
www.tarrantcountyccms.org

FW Early Childhood Literacy

Provides classes for parents to promote early learning
www.fortworthecm.org

The Parenting Center

Provides classes and resources for parents and families
(817) 332-6348
theparentingcenter.org
Parenting Advice Line
M – F 12-3
(817) 332-6399

Texas Parenting Tips

Provides parenting tips and resources
www.getparentingtips.com

Safety

Cook Children's Child Passenger Safety

Provides car seat fit clinics and information on car safety
(682) 885-2634
www.freecarseatcheck.com

Poison Control Hotline

Provides accurate medical information regarding poisons
1-800-222-1222

Domestic Violence

National Domestic Violence Hotline

24/7 hotline for those experiencing domestic violence
1-800-799-7233
TTY: 1-800-787-3224

One Safe Place

Provides services to those affected by domestic violence
(817) 916-4323
www.onesafeplace.org

SafeHaven of Tarrant County

Provides services to those affected by domestic violence including 24 hr emergency shelter
Hotline: (877) 701-7233
www.safehaventc.org

Additional Referrals

Tarrant Cares

Provides referrals for basic needs, education, and health
www.tarrantcares.org

2-1-1 Texas

Provides referrals for a variety of community resources
Dial 2-1-1
1-877-541-7905
www.211texas.org