

Yellow Squash Dish



Ingredients:

- 6 yellow squash, cut into bite-sized pieces
- 1 cup Georgia Sweet Onion, chopped
- 2 large House tomatoes, diced
- 1 teaspoon olive oil
- 1 clove of garlic, minced
- black pepper to taste

Directions:

1. Place the oil in a large skillet over medium heat.
2. Add squash, onions, minced garlic and pepper to the skillet. Stir occasionally.
3. When squash and onions are tender, add diced tomatoes.
4. Cook about 10-15 mins. Serve as a side or add grilled chicken.

Makes 4 servings



Tarrant County Public Health
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