

Skillet Apples



Ingredients:

- 2 large Gala or Granny Smith apples, sliced into small wedges
- 2 tablespoons brown sugar
- 1 tablespoon margarine
- 1/4 teaspoon cinnamon

Directions:

1. Heat a large nonstick skillet over medium-high heat.
2. Add all the ingredients. Reduce heat to medium. Stir to combine.
3. Cook for 10 minutes, stirring occasionally.

Makes 4 servings.



Tarrant County Public Health
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