

Strawberry Pancakes



Ingredients:

- 1 1/2 cups whole wheat flour
- 2 1/2 tablespoons sugar
- 1 teaspoon baking powder
- 1/2 teaspoon baking soda
- 3 eggs
- 1 – 6 ounce container vanilla Greek yogurt
- 3/4 cup water
- 3 tablespoons canola oil

For topping:

- 1 3/4 cup sliced strawberries
- 1 – 6 ounce container strawberry low-fat yogurt

Directions:

1. Preheat griddle to 375 F or heat skillet over medium heat. Prepare with cooking spray.
2. In a large bowl, mix flour, sugar, baking soda, baking powder, and salt.
3. In a medium bowl, beat eggs, vanilla yogurt, water, and oil until well blended.
4. Pour egg mixture into dry ingredients. Combine gently.
5. For each pancake: pour 1/4 cup batter onto the hot griddle or skillet.
6. Cook pancakes 1-2 minutes. Turn and cook an additional 1-2 minutes.
7. Top small stack of pancakes with 1/4 cup sliced strawberries and 1 tablespoon yogurt.

Makes 4 servings.



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