Roasted Salmon with Agave and Ginger



Ingredients:

- 6 salmon filets
- 1/4 cup agave
- 1/4 cup balsamic vinegar
- 4 tablespoon ginger, minced, or 2 tablespoon powdered
- 1/4 teaspoon sea salt
- 1/8 cracked black pepper
- Fresh mint for garnish

Direction:

- 1. Preheat oven to 450 F
- 2. In a small pan, over low heat, mix the agave, ginger, and balsamic. Stir until the sauce is warm.
- 3. Pour half of the agave mixture into a bowl for basting, and reserve the remainder for serving.
- 4. Place the salmon skin-side down in a baking dish. Season with salt and pepper. Brush the salmon with the agave mixture.
- 5. Bake for 10 minutes, then brush more agave onto the salmon. Repeat the basting process every five minutes until the salmon has been cooking for 25 minutes.
- 6. Place the salmon on a plate and top with reserved agave if desired.

Makes 6 servings.



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