

**Shut them out,
shut them down**



Clean out gutters and areas around your home where water might pool.



Check and repair all screens on doors and windows.



Use air conditioning when available to make your home less hospitable to mosquitoes.



**Protect your property.
Protect yourself and your family.
Protect your friends and neighbors.**



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Tarrant County Public Health

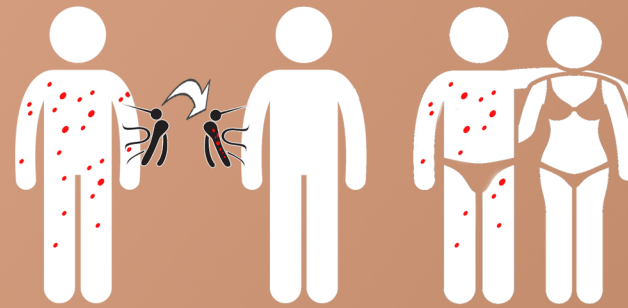
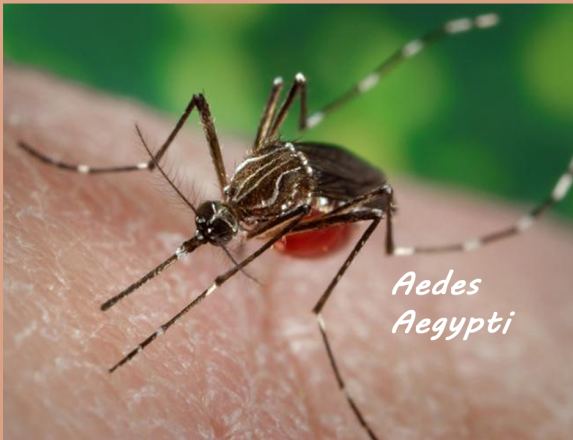
A Nationally Accredited Health Department



Zika Virus



BE MOSQUITO FREE
PREVENT. PROTECT. TAKE CONTROL.



Zika Virus

Zika virus is spread to people through mosquito bites from infected *Aedes* mosquitoes. Sexual transmission of Zika can also occur. The *Aedes* mosquitoes are aggressive biters and can breed in anything that collects water. Female *Aedes* mosquitoes live an average of three to four weeks and can bite someone every three to four days.

Risks and Symptoms

Only one in five people infected with Zika virus become ill. The illness is usually mild, with symptoms lasting from several days to a week. Symptoms for Zika include headache, high fever ($>102^{\circ}\text{F}$), rashes, red eyes and severe joint pain in the arms, back and legs. Severe cases are not common but there is increasing evidence of birth defects in newborns.

Prevention

The best way to prevent Zika Virus is to keep mosquitoes from breeding. Check your property, look for anything that holds water, and drain it. When outside for long periods, wear light-colored long-sleeve shirts and pants. Also use insect repellent on exposed skin that contains DEET (N-N-diethyl-m-toluamide) or other effective repellents approved by the EPA.

