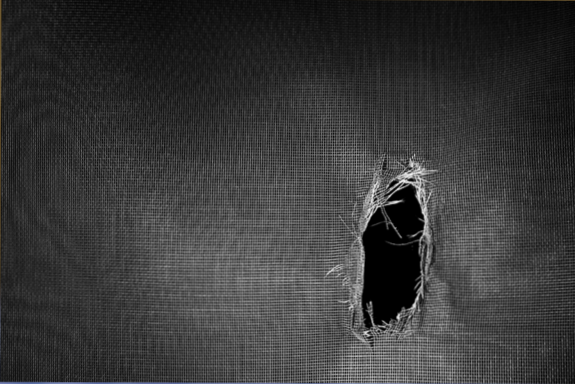


**Shut them out,
shut them down**



Clean out gutters and areas around your home where water might pool.



Check and repair all screens on doors and windows.



Use air conditioning when available to make your home less hospitable to mosquitoes.



**Protect your property.
Protect yourself and your family.
Protect your friends and neighbors.**

Chikungunya Virus



817-321-4700

1101 S. Main Street, Fort Worth, TX 76104

<http://health.tarrantcounty.com>



Tarrant County Public Health

A Nationally Accredited Health Department



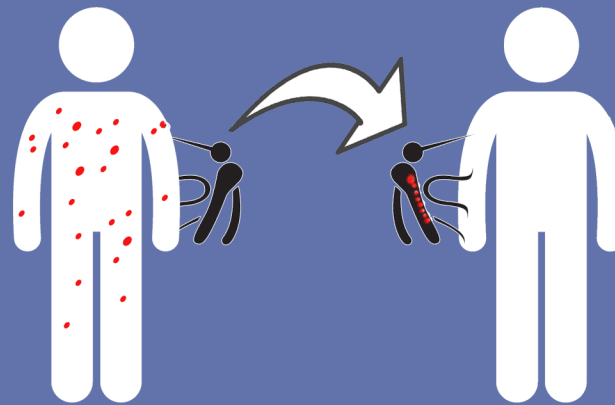
BE MOSQUITO FREE

PREVENT. PROTECT. TAKE CONTROL.



Chikungunya Virus

(Pronounced CHIK-en-GUUN-ya) is a virus transmitted to humans by the bite of an infected *Aedes* mosquito. They are aggressive biters and can breed in anything that collects water. Female *Aedes* mosquitoes live an average of three to four weeks and can bite someone every three to four days.



Risks and Symptoms

Chikungunya is not common in the United States but the virus can be imported by travelers from areas where they can get infected. Symptoms appear three - seven days after being bitten by an infected mosquito, and include headache, sudden onset of high fever ($>102^{\circ}\text{F}$), rashes, and severe (and sometimes long-term) joint pain in the arms, back and legs. Most feel better after a few days or weeks.



Prevention

The best way to prevent Chikungunya is to keep mosquitoes from breeding. Check your property, look for anything that holds water, and drain it. When outside for long periods, wear light-colored long-sleeve shirts and pants. Also use insect repellent on exposed skin that contains DEET (N-N-diethyl-m-toluamide) or other effective repellents approved by the EPA.

