

Tarrant County Resources

Health & Wellness

Tarrant County Public Health
(817) 321-4700
health.tarrantcounty.com

Tarrant County WIC
(817) 321-5400
Supplemental food program for pregnant and postpartum women, infants, and children up to age 5

Tarrant County Public Health Breastfeeding Warm Line
Provides breastfeeding support
M-F 9-6, S 10-2
(817) 321-5416

Tarrant County Public Health Immunizations
Provides child and adult immunizations, pregnancy tests, and TB skin tests
Clinics open M-F, 8-12 and 2-4.

Arlington Center
536 W Randol Mill
(817) 321-4716

Bagsby Williams Center
3212 Miller Ave.
(817) 531-6738

Lake Worth Center
3800 Adam Grubb, Suite 400
(817) 238-4441

La Gran Plaza
4200 S. Freeway
(817) 920-5752
*Limited Saturday hours available. Call for details.
*Does not provide pregnancy test

Southwest/Granbury Center
Sub Courthouse
6551 Granbury Rd.
(817) 370-6730

Watauga
6601 Watauga Rd.
(817) 514-5036

To apply for Medicaid, CHIP, TX Women's Health Program, or SNAP - visit <http://yourtexasbenefits.com>

Freedom from Smoking
4 wk. in-person or online smoking cessation program
1-844-X-SMOKER
Contact:
smokefree@tarrantcounty.com

HealthforMe Self-Management
Provides information on chronic disease self-management skills
6 wk. course, online or in person
(817) 321-4976
Contact:
selfmanager@tarrantcounty.com

Nurse Family Partnership
Provides education and support through home visits during 1st pregnancy and until child's 2nd birthday
(817) 413-6320

UNTHSC Healthy Start
Provides home visitation services for women & families
(817) 735-2553
www.unthsc.edu/healthystart

MHMR Tarrant County
Provides mental health support and resources for those with intellectual or developmental disabilities and addictions
1-800-866-2465
www.mhmrtarrant.org

Early Childhood Intervention
Serves children up to 3 yrs. who have developmental delays & disabilities
1-888-754-0524
(817) 446-8000
www.mhmrtarrant.org/Services/Early-Childhood-Intervention

JPS Family Health Center
(817) 927-1215

Public Health Adult Health Services
Provides services related to sexually transmitted diseases
(817) 321-4800

North Texas Area Community Health Centers, Inc.
Provides discounted medical services for children and adults
Northside: (817) 625-4254
Southeast: (817) 625-4254
www.ntachc.org

Mom and Baby Special Services
Provides services for pregnant or postpartum women with risk of drug dependency, mental illness, or domestic violence
(817) 920-7322

Title V Maternal Health
Covers 2 prenatal visits while Medicaid/CHIP coverage pending
www.txclinics.com

Dental

Catholic Charities Dental Clinic
(817) 289-3882

JPS Dental Clinics
Arlington: (817) 920-6637
Northeast: (817) 920-6407
Stop Six: (817) 920-7214
Viola Pitts/Como: (817) 920-7415
Worth Heights: (817) 920-6195

Dental Health Arlington
(817) 277-1165
www.dentalhealtharlington.org

Mission Arlington – Allen Saxe Clinic
(817) 277-6620
Scheduling for new clients:
Call 1st Mon of month at 8:30 AM

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Tarrant County Public Health

Safeguarding Our Community's Health



Tarrant County Resources

Housing & Shelter

Catholic Charities

Provides aid for the homeless
1-877-414-8345
www.catholiccharitiesfortworth.org

Tarrant County Housing Assistance

Provides housing for low-income individuals
(817) 531-7640

YWCA

Provides housing and child care
(817) 332-6191
www.ywcafortworth.com

Transportation

Catholic Charities of Fort Worth Transportation

Provides medical and work transportation
(817) 336-8714
www.catholiccharitiesfortworth.org/transportation

Mission Arlington

Provides transportation for education and employment
(817) 227-6620
www.missionarlington.org

Texas Medicaid Medical Transportation

Provides rides to Medicaid health-care visits
1-877-MED-TRIP

Employment

Workforce Solutions

Provides career training and job search resources
(817) 531-5670
www.workforcesolutions.net

Employment Solutions

Provides job search and skill training for men & women.
(817) 927-4050
www.womenscentertc.org

Food Access

Infant Formula Program

Provides emergency formula and baby food for infants
(817) 338-1071
www.fumcfortworth.org/serve/mission/formula

Local Food Pantries

Contact 2-1-1 for local referral

SNAP (Food Stamps)

Supplemental nutrition assistance program
www.yourtexasbenefits.com

Child Care/Parenting

Child Care Associates

Head Start Program
(817) 838-0055
www.childcareassociates.org

Child Care Management Services (CCMS)

Provides low-cost child care
(817) 831-0374
www.childcareassociates.org/ccms

Fathers And Children Together (FACT)

Provides services for low-income fathers & families
(817) 710-7888
Contact:
FACT@workforcesolutions.net

Early Childhood Matters

Provides classes for parents to promote early learning
(817) 392-7531
www.fortworthtexas.gov/library/earlychildhood

The Parenting Center

Provides classes and resources for parents and families
(817) 332-6348
theparentingcenter.org
Parenting Advice Warm Line
M – F 12-3
(817) 332-6399

Safety

Cook Children's Child Passenger Safety

Provides car seat fit clinics and information on car safety
(682) 885-2634

Poison Control Hotline

Provides accurate medical information regarding poisons
(817) 222-1222

Domestic Violence

National Domestic Violence Hotline

24/7 hotline for those experiencing domestic violence
1-800-799-7233
TTY: 1-800-787-3224

One Safe Place

Provides services to those affected by domestic violence
(817) 916-4323
www.onesafeplace.org

SafeHaven of Tarrant County

Provides services to those affected by domestic violence including 24 hr emergency shelter
(817) 535-6462
Hotline: (877) 701-7233

Additional Referrals

Tarrant Cares

Provides referrals for basic needs, education, and health.
www.tarrantcares.org

United Way of Tarrant County 2-1-1 Community Resource

Provides referrals for a variety of community resources
(817) 258-8000 landline
2-1-1 mobile line

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