

Minorities, Seniors and Kidney Disease

African Americans are **3 times** more likely and Hispanics are **1.5 times** more likely to have kidney failure when compared to White Americans.



1 in 3 African Americans has high blood pressure.

1 in 4 Hispanics has high blood pressure.



It is estimated that more than **50%** of seniors, age 75 and older, are believed to have kidney disease.

HEALTH RELATED CONSEQUENCES OF KIDNEY DISEASE

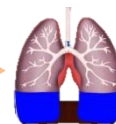
Heart failure due to low potassium levels



Swelling of arms and legs



Excess fluid in lungs



Brittle or weakened bones throughout body



More likely to get infections due to weakened immune system



The most effective way to reduce your chance of Kidney Disease is to **prevent and treat risk factors** associated with the disease.

1. Diabetes
2. High Blood Pressure
3. Cardiovascular Disease