

## Summer Fruit Salad



### Ingredients:

- 1 c seedless grapes, halved
- 2 c honey dew or cantaloupe, cubes or balls
- 2 c peaches, peeled and sliced
- 1 c blueberries
- 1 c strawberries, hulled and sliced
- 1 c pineapple, sliced
- 1/2 c kiwi, sliced

### Instructions:

Combine all fruits and chill.

Makes 8 one cup servings.



**Tarrant County Public Health**

<http://health.tarrantcounty.com>