

## Mango-Pineapple Smoothie



### Ingredients:

- 2 cups frozen mango cubes
- 1 cups frozen pineapple cubes
- 2 cups strawberry yogurt
- 3 orange slices, sliced in half
- 2 cups of ice

### Directions:

1. Add Mango pineapple and strawberry yogurt and blend.
2. Add ice cubes and grate until ice is very fine.
3. Garnish with orange slices.
4. Serve immediately.

Servings: About 6



**Tarrant County Public Health**  
<http://health.tarrantcounty.com>