

Avocado Cucumber Salad



Ingredients:

- 2 cucumbers, peeled, cut into small cubes
- 2 avocados, ripe, cut into small cubes
- 1 tomato, cubed
- 2 teaspoons salt
- 2 teaspoons pepper
- 4 tablespoons lime juice
- 2 tablespoons oil
- 1 teaspoon mint

Directions:

1. Mix the tomato, cucumbers, and avocado.
2. Mix the salt, pepper, lime juice, oil and mint.
3. Mix together until coated.
4. Serve.

Servings: About 6



Tarrant County Public Health
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