2024 MARCH WORKSHOP & TRAINING SCHEDULE

<u>ALL</u> WORKSHOPS are <u>in-person</u>; (ONLY the Assistance Connect Refresher Training remains virtual). Location of each workshop is included on the below schedule. Doors open 15 minutes prior to the start time of the workshop and close 5 minutes after the start time. You MUST sign in <u>AND</u> out to receive credit for attending a workshop. If you have questions, contact Cynthia Miller at <u>cdmiller@tarrantcountytx.gov</u>, or your FSS Coordinator.

VIRTUAL

*ASSISTANCE CONNECT (AC) REFRESHER TRAINING (FSS Participants ONLY)

Description: A refresher class on how to use the AC module to report a change, upload documents and complete your Annual Re-exam.

ASSISTANCE CONNECT TRAINING CANNOT BE USED TO RECEIVE WORKSHOP CREDIT.

Wednesday, March 6 9 – 10 AM

Link: https://global.gotomeeting.com/join/868827341

Meeting ID: 868-827-341 Dial-in #: (646) 749-3122 Access Code 868-827-341

ANGER MANAGEMENT – (Cynthia Miller)

Description: Anger is a healthy emotion and a normal part of life. However, unmanaged anger contributes to irresponsible communication and behaviors. Learn to control your anger and control your life!

Thursday, March 7 6 – 7:30 PM

TCHAO; 2100 Circle Drive - CONFERENCE CENTER

JOB CLUB

RESUME WRITING & COVER LETTER – (Greg Payblas)

Description: There's more to getting a job than just showing up for the interview. Preparation includes constructing a well-written resume that includes *only* the necessary details. This workshop will assist you in generating a resume that will *spark* an employer's interest. Additionally, it will include tips on how to write a cover letter.

Monday, March 11 9 – 10:30 AM

Building 2300 Circle Drive – MAGNOLIA ROOM (across from gymnasium)

LEARN TO RECOGNIZE, GIVE AND RECEIVE LOVE – (Cynthia Miller)

Description: There are numerous reasons many people find it difficult to give and receive love. Ninety-five percent don't truly know what *real* love is. Some feel unworthy of love, while others can't seem to move beyond a past negative experience. What prevents you from giving and receiving *real* love today? Let's talk about it.

Saturday, March 16 9 – 10:30 AM

Building 2300 Circle Drive – MAGNOLIA ROOM (across from gymnasium)