

TARRANT COUNTY RESOURCES

TARRANT COUNTY PUBLIC HEALTH - COMMUNITY HEALTH ACCESS

Need help navigating available services? Call Community Health Access at (817) 321-4729. They can help you find and apply for insurance (ACA, Medicare/Medicaid, CHIP) and other social services including housing, financial assistance, food and more.

HEALTH & WELLNESS

Tarrant County Public Health

(817) 248-6299 • health.tarrantcounty.com

Immunizations

Child and Adult Immunizations
Monday - Friday • 8 a.m. - Noon; 1 - 5 p.m.
(817) 248-6299

SE Public Health Clinic
536 W. Randol Mill Rd.
Arlington, TX 76011

Bagsby-Williams Health Clinic
3212 Miller Ave.
Fort Worth, TX 76119

Main Public Health Immunization Clinic
1101 S. Main St.
Fort Worth, TX 76104

NW Public Health Clinic
3800 Adam Grubb Rd., Suite 400
Lake Worth, TX 76135

SW Public Health Clinic
6551 Granbury Rd.
Fort Worth, TX 76133

Watauga Public Health Clinic
6601 Watauga Rd.
Watauga, TX 76148

Adult Health Services

Provides services related to sexually transmitted diseases in Fort Worth and Arlington
(817) 321-4800

HealthforMe Self-Management

Free, chronic disease self-management classes
(817) 370-4565
selfmanager@tarrantcounty.com

Live Tobacco Free

Free, 4-week smoking cessation program
smokefree@tarrantcounty.com

Tarrant County WIC

Supplemental food program for pregnant and postpartum women, infants, and children up to age 5
(817) 321-5400

Breastfeeding Warm Line
Breastfeeding support
Monday - Friday • 9 a.m. - 6 p.m.
(817) 321-5416

Nurse-Family Partnership

Education and support to first time moms through home visits starting in pregnancy
(817) 413-6320

UNTHSC Healthy Start

Home visitation services for women & families
(817) 735-2553 • healthy.start@unthsc.edu

JPS Family Health Center

Primary health care services for adults and children
(817) 702-1215

MHMR Tarrant County

Offers help for children and adults with behavioral health needs and other serious emotional concerns
1-800-866-2465 • www.mhmrarrant.org

Early Childhood Intervention

Serves children up to age 3 who have developmental delays & disabilities
1-888-754-0524 • www.mhmrarrant.org/eci

North Texas Area Community Health Centers

Discounted medical services for children and adults Northside, Southeast, Arlington
(817) 625-4254 • www.ntachc.org

Mom & Baby Program

Services for pregnant or postpartum women with a substance use disorder
(817) 702-7322

Postpartum Support Warm Line

Non-emergency support for postpartum depression
1-800-944-4773 • www.postpartum.net

DENTAL

Catholic Charities Dental Clinic

Provides low cost dental care in Fort Worth
(817) 600-1461

JPS Dental Clinics

Provides basic and urgent dental care services in clinics around Tarrant County
(817) 702-3567

Dental Health Arlington

Provides low cost dental services
(817) 277-1165 • www.dhaclinic.org

Mission Arlington Dental Clinic

Provides free dental services to eligible families; New clients call 1st Monday of the month at 8:30 a.m. for scheduling.
(817) 860-4474

HOUSING & SHELTER

Catholic Charities

Financial assistance for housing expenses or utilities
(817) 534-0814
www.catholiccharitiesfortworth.org

Tarrant County Housing Assistance

Provides vouchers to help eligible families pay for housing
(817) 531-7640

Center for Transforming Lives

Provides childcare and housing for families experiencing homelessness
(817) 332-6191 • www.transforminglives.org



Tarrant County Public Health



To apply for health insurance through the Affordable Care Act Marketplace, visit www.healthcare.gov.

To apply for Medicaid, CHIP, Healthy TX Women, or SNAP, visit yourtexasbenefits.com.

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TRANSPORTATION

Catholic Charities of Fort Worth Transportation

Low-cost transportation for education, employment, and medical visits
(817) 336-8714

Mission Arlington

Transportation for education and employment
(817) 704-6147 • www.missionarlington.org

Texas Medicaid Medical Transportation

Rides to Medicaid health and dental visits
1-855-687-3255 • www.txmedicaidride.net

EMPLOYMENT

Workforce Solutions

Career training and job search resources
(817) 413-4000
www.workforcesolutions.net

Employment Solutions

Job search and skill training for men & women
(817) 927-4050 • www.womenscentertc.org

SAFETY

Cook Children's Child

Passenger Safety
Car seat fit clinics and information on car safety
(682) 885-2634
www.freecarseatcheck.org

Poison Control Hotline

Accurate medical information regarding poisons
1-800-222-1222

FOOD ASSISTANCE

Infant Formula Program

Emergency formula and baby food for infants
Monday, Wednesday, Thursday
10 a.m. - 1 p.m.
801 W. 1st St
Fort Worth, TX 76102
(817) 335-6080

Local Food Pantries

www.tafb.org/find-food

SNAP (Food Stamps)

Supplemental Nutrition Assistance Program
www.yourtexasbenefits.com

Tarrant Area Food Bank

Help with SNAP, TANF, and Medicaid applications
1-866-430-6143 • www.tafb.org/snap

DOMESTIC VIOLENCE

National Domestic Violence Hotline

24/7 hotline for those experiencing domestic violence
1-800-799-7233
TTY: 1-800-787-3224

One Safe Place

Services for those affected by domestic violence
(817) 916-4323 • www.onesafeplace.org

SafeHaven of Tarrant County

Services for those affected by domestic violence including 24 hour emergency shelter
Hotline: (877) 701-7233
www.safehaventc.org

CHILD CARE/PARENTING

Child Care Associates

Head Start Program
Free, quality care for children ages 0-5
(817) 838-0055
www.childcareassociates.org

Child Care Management Services

Helps parents pay for child care
(817) 831-0374
www.tarrantcountyccms.org

FW Early Childhood Literacy

Classes for parents to promote early learning
www.fortworthtexas.gov/departments/library

The Parenting Center

Classes and resources for parents and families
(817) 332-6348 • theparentingcenter.org

Parenting Advice Line

Monday – Friday; Noon - 3 p.m.
(817) 332-6399

Texas Parenting Tips

Parenting tips and resources
www.getparentingtips.com

ADDITIONAL REFERRALS

Tarrant Cares

Referrals for basic needs, education, and health
www.tarrantcares.org

2-1-1 Texas

Referrals for a variety of community resources
Dial 2-1-1 or 1-877-541-7905
www.211texas.org



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*This institution is an equal opportunity provider.
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